

**Help Me Grow  
Central Intake & Referral  
Southern Region  
(740) 371-3322**



# The Help Me Grow System of Supports



## Central Intake and Referral

In 2018, Bright Beginnings was selected by the Ohio Department of Health and the Ohio Department of Developmental Disabilities to be the single point of entry for the Help Me Grow system of supports. The Pike County Board of Developmental Disabilities is the Southern Region's partner covering 12 counties including Athens, Fairfield, Gallia, Hocking, Jackson, Lawrence, Meigs, Pickaway, Pike, Ross, Scioto, and Vinton.

**Visit the Help Me Grow website to learn more**

\* link for button above

<https://www.helpmegrow.org/Default.aspx>

As the Help Me Grow Central Intake & Referral contractor for the Southern Region, Pike County Board of DD connects pregnant women, caregivers with new babies, and families with young children with developmental delays and disabilities throughout region to the services and supports provided through Early Intervention and Home Visiting.

- **Early Intervention** works with families with children birth to age three who have developmental delays or disabilities so that they have the best possible start in life. Early Intervention professionals work with you and your child to identify strengths and needs and address concerns as early as possible with services right where you live, play, and spend your day.
- **Home Visiting** supports pregnant women and new parents with the tools and information they need to give their children the best start in life. Support from a Home Visitor can improve pregnancy outcomes and help families prepare for a new baby. Even after the baby is born, Home Visiting can help families learn about feeding, sleep, and how to keep their new baby safe and thriving.

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## Refer a family today!

Anyone can refer a family to Help Me Grow. There are several different ways to make a referral:

- Complete the [online referral form](#)
- Call 740-371-3322 to speak with an Intake Specialist

- ✉ Email completed forms to [HMGReferrals@helpmegrow.org](mailto:HMGReferrals@helpmegrow.org)
  - ✉ Print and fax referral forms to (855) 318-3322 or (855) 418-3322
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### **Outreach to Professionals and Families**

As a regional partner, Pike County Board of DD provides outreach to families and referral sources by attending local events, sharing information about service options, and presenting to professionals on the benefits of Home Visiting and Early Intervention. To request participation at a local event, marketing materials, and/or a presentation about Early Intervention, Home Visiting, or the Help Me Grow system of supports, email Kyrsten Copley, Outreach Specialist at [kyrsten.copley@pikeboarddd.org](mailto:kyrsten.copley@pikeboarddd.org) or call her at 740-261-9556.

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